

# USS II

Comprehensive posterior and anterior deformity system with screws and hooks with dual opening

Instruments and implants approved by the AO Foundation. This publication is not intended for distribution in the USA.





### Warning

This description alone does not provide sufficient background for direct use of the product. Instruction by a surgeon experienced in handling this product is highly recommended.

### Reprocessing, Care and Maintenance of Synthes Instruments

For general guidelines, function control and dismantling of multi-part instruments, please contact your local sales representative or refer to: www.synthes.com/reprocessing

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\* Screws and hooks are also referred to in this guide as "implant"

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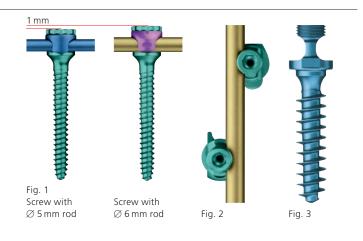
**Note:** Both the segmental derotation principle and the classic derotation method based on the Cotrel-Dubousset technique can be used for scoliosis correction using the USS Universal Spine System. Segmental corrections may be implemented or the spinal column may be realigned along a sagittally positioned rod.

### Flexible

Implants accept  $\oslash$  5 mm or 6 mm rods and are locked with the same nut (Fig. 1)

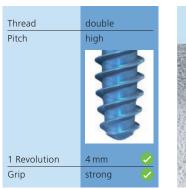
Bilateral option for fixing the implants to the rod (Fig. 2)

Screws with special thread geometry for anterior stabilization (Fig. 3)



### Fast and secure

- Dual-core core screw design for stable anchorage and double-lead thread design for screwing in fast
- Immediate and controlled grip of the screw in the bone owing to the thread extending to the tip
- Excellent tactile feedback of screw grip in the bone owing to the combination of double-lead thread and dual core



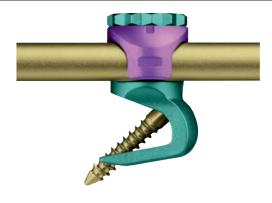
Synthes dual-core pedicle screws can be screwed in as fast as high-pitch screws and offer additional high grip.



**High pull-out resistance** Dual-core pedicle screws are easy to insert and can be turned back for final precision adjustment without losing their secure anchorage.

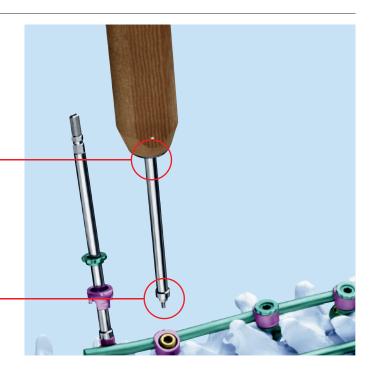
### Anatomical

- Low profile protects soft tissue
- Firm anchorage of pedicle hooks with patented screw technology

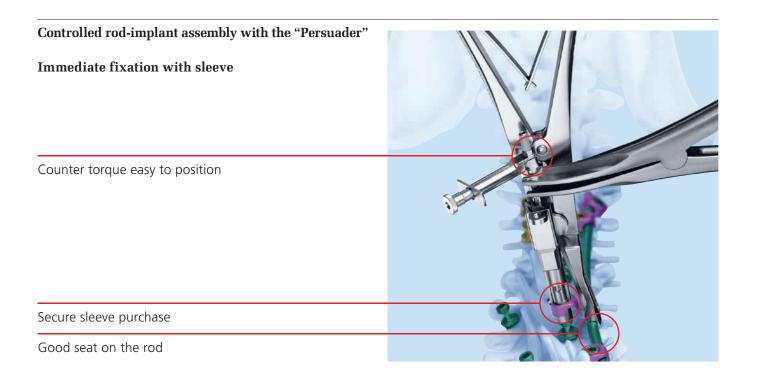


Proven correction and fixation technique Various instruments for screw/rod reduction Controlled implant manipulation using hookand screwholder ("stick") with hexagonal coupling and handle.

Quick handle assembly



Simple to mount and remove



## INDICATIONS AND CONTRAINDICATIONS

### Intended use

The USS II System is a posterior pedicle screw and hook system (T1-S2), developed for precise and segmental stabilization of the spine. Anterior cancellous bone screws can also be used in the thoracolumbar spine.

### Indications

- Spinal deformities (congenital, idiopathic, neuromuscular)
- Degenerative diseases
- Tumors
- Fractures

### **Contraindications**

- Additional anterior support or reconstruction of the spine is required in the case of fracture and tumors with poor ventral support.
- Osteoporosis

angle 40°

• Anterior correction from T5 to T10

### Case example 1, posterior fixation with USS II

- 16-year-old female patient with severe kyphoscoliosis
- Posterior instrumentation with pedicle screws in L1 to L5 and pedicle, lamina and transverse process hooks in T2 to T10 after ventral release

Case example 2, anterior fixation with USS II anterior • 11-year-old female patient with adolescent idiopathic scoliosis, standing Cobb angle 75°, bending Cobb



Preoperative, scoliotic double curve, thoracic 78°, lumbar 68°







Postoperative, thoracic 38°, lumbar 38°



Postoperative



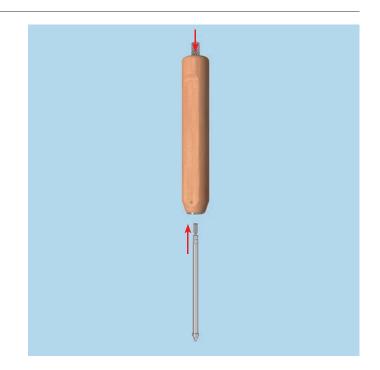
## IMPLANT HANDLING USING THE STICK

The screws with dual openings have the same head as the pedicle, lamina and transverse process hooks. The following handling tips therefore apply both to the pedicle screws and anterior vertebral body screws, and to all three types of hook (referred to below as implants).

Instruments	
388.622	Handle for USS Hook and Screwholder No. 388.612
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm

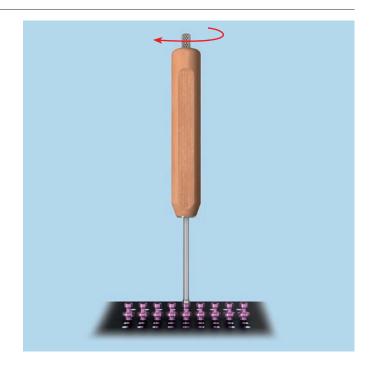
## **1** Attach handle to stick

Press the knurled release button on the top end of the handle and simultaneously push the USS hook and screwholder, known as the "stick", into the handle.



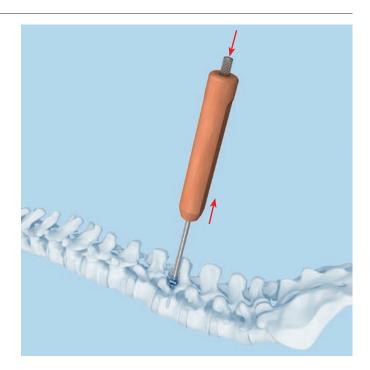
### **2** Pick up implant

Insert stick into implant. Turn release button in a clockwise direction and pick up the implant.



### **3** Release handle from stick

Insert the implant. Press the release button on the handle to detach the handle from the stick.



## INSERT PEDICLE SCREW

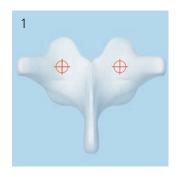
Instruments	
388.551	Pedicle Awl $\varnothing$ 3.0 mm, length 230 mm, for Screws $\varnothing$ 4.0 and 4.2 mm
388.550	Pedicle Awl $\varnothing$ 4.0 mm, length 230 mm, for Pedicle Screws $\varnothing$ 5.0 to 7.0 mm
388.538	Pedicle Probe $\varnothing$ 2.8 mm, length 230 mm, for Pedicle Screws $\varnothing$ 4.2 mm
388.540	Pedicle Probe $\varnothing$ 3.8 mm, length 230 mm, for Pedicle Screws $\varnothing$ 5.2 and 6.2 mm
388.539	Pedicle Probe $\emptyset$ 4.8 mm with Canevasit Handle, length 230 mm, for Pedicle Screws $\emptyset$ 8.0 and 9.0 mm
357.789	Depth gauge for Pedicle Screws $\varnothing$ 4.2 to 9.0 mm
388.545	Feeler for Screw Channel, straight, $\varnothing$ 2.3 mm, length 275 mm
388.546	Feeler for Screw Channel, curved, $\varnothing$ 2.3 mm, length 275 mm
388.622	Handle for USS Hook and Screwholder No. 388.612
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm
Optional instruments	
388.608	Pedicle Marker USS II, with spherical bulges
388.609	Pedicle Marker USS II, with long bulges

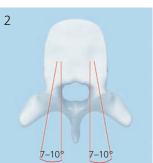
### Determine entry point and position of pedicle screw

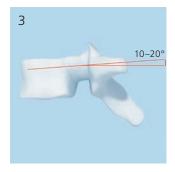
### a. Thoracic spine

1

The entry points are located directly at the lower margin of the superior facet joint (1). Insert the screw at an angle of  $7-10^{\circ}$  to the midline (2) and  $10-20^{\circ}$  caudally (3).





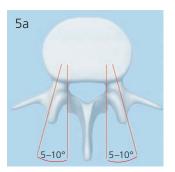


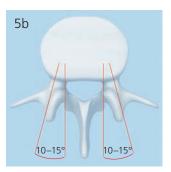
### b. Lumbar spine

The entry points are located at the intersection of the vertical line (this runs at a tangent to the lateral edge of the superior articular process) and the horizontal line that intersects the transverse process (4).

Insert the screw at the thoracolumbar junction at an angle of  $5-10^{\circ}$  to the midline (5a). Insert the screw at the L2–L5 level at an angle of  $10-15^{\circ}$  (5b).





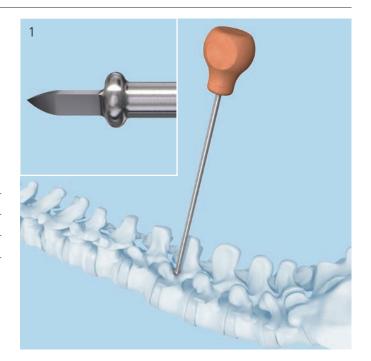


## **2** Open pedicle and determine screw length

Use one of the awls to open the pedicle cortex to a depth of 10 mm (1). Open the pedicle further using one of the USS pedicle probes with markings at 20, 40 and

of the USS pedicle probes with markings at 30, 40 and 50 mm (2).

$\oslash$ Screw (mm)	Pedicle Awl	Pedicle Probe
4.2	388.551	388.538 (Ø 2.8 mm)
5.2, 6.2	388.550	388.540 (Ø 3.8 mm)
7.0	388.550	388.539 (Ø 4.8 mm)



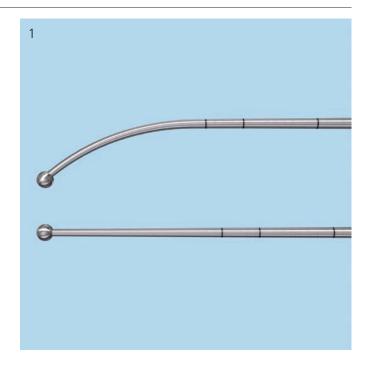


Determine the length of the pedicle screw with the depth gauge for pedicle screws.



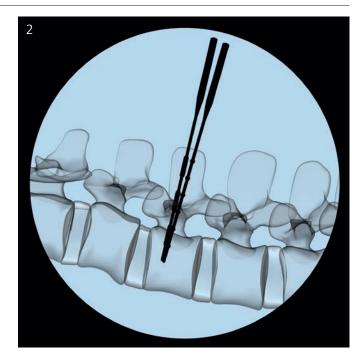
### **3** Probe pedicle channel

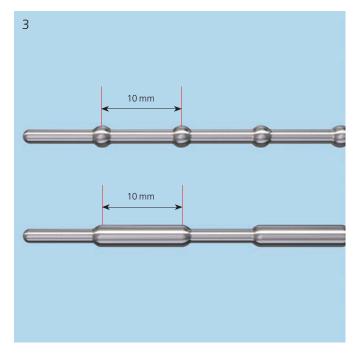
Use the straight or curved feeler to probe the pedicle screw channel to check the wall for perforations. (1)



### **Optional: use of pedicle markers**

Use a pedicle marker with spherical bulges and/or a pedicle marker with long bulges to verify the position and
 alignment radiographically (2). The bulges show the depth at 10 mm intervals (3). The use of pedicle markers with bulges of two different shapes facilitates differentiation between the left and right pedicle.

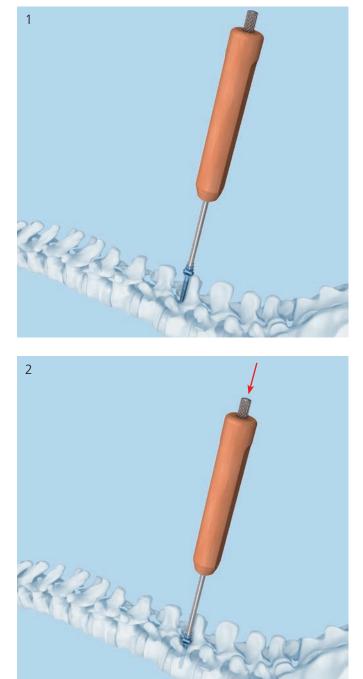




### 4 Insert pedicle screw into pedicle

Pick up the pedicle screw as described on page 6 and 7.
Insert the pedicle screw into the prepared pedicle until the screw head is well seated and one of the openings points towards the rod that is to be subsequently inserted (1). Press the release button to detach the handle from the stick (2).

**Note:** If using a rod connector, align the screw head such that one of the openings is perpendicular to the rod.



## POSITION PEDICLE HOOK

Instruments	
388.510	USS Pedicle Feeler, length 300 mm
388.622	Handle for USS Hook and Screwholder No. 388.612
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm
388.632	Hook Positioner for USS II
315.190	Dill Bit $\varnothing$ 2.0 mm, length 100/75 mm, 3-flute, for Quick Coupling
388.581	USS Drill Sleeve 2.0
387.060	Handle for Drill Sleeve 2.0
319.060	Depth Gauge for Screws $\varnothing$ 1.5 to 2.0 mm, measuring range up to 38 mm
388.381	Holding Sleeve for Fillister Head Screws
314.070	Screwdriver, hexagonal, small, 2.5 mm, with groove
Optional inst	ruments
388.512	USS II Pedicle Feeler, length 300 mm, for small hooks
388.530	USS Chisel, width 9 mm

The special feature of USS pedicle hooks is the fact that they can be anchored securely in the pedicle with a single screw and exhibit high pull-out strength, comparable to the pull-out strength of a  $\emptyset$  6.2 mm pedicle screw.

## **1** Prepare seat for pedicle hook

Prepare the pedicle with the USS pedicle feeler (1). Place the pedicle feeler between the inferior and superior articular facets. Ensure that the feeler is placed in the articular space and not in the bone of the inferior facet.

To facilitate the insertion of the pedicle hook, remove a small portion of the inferior facet with an osteotome (2). There are six marks on the pedicle feeler; once the last one has been reached, sufficient bone has been removed to position the hook about the pedicle.

Move the feeler in a lateral and cranial direction to check for the optimum position. Do not push medially.

Remove the pedicle feeler.





### 2 Position pedicle hook

Pick up the pedicle hook as described on page 6 and 7.

**Note:** Use a front-opening hook if a rod connector is required to connect the hook to the longitudinal rod.

Insert the hook positioner for USS II into the screw hole of the pedicle hook and move the hook into the prepared position.

Ensure that the pedicle hook is snug around the pedicle by pushing the hook positioner axially and laterally. If it does not move, the pedicle hook is correctly seated.

Gently tap the hook positioner with a hammer to firmly seat the hook.

Remove the hook positioner and the handle. The stick remains attached to the hook.



## ${\bf 3}$ Drill hole for screw $\varnothing$ 3.2 mm and determine the screw length

A screw  $\varnothing$  3.2 mm may be inserted through the hole in the back of the hook to fit the pedicle hook in the pedicle tightly.

Use the 3-flute drill bit  $\emptyset$  2.0 mm with the USS drill sleeve 2.0 and an oscillating drill to drill the screw hole. The drill sleeve consists of two parts, the sleeve and the handle. These two components must be screwed together before use.

**Note:** Do not start the power drill if the bit does not hit bone after passing through the drill sleeve.

Remove the drill sleeve and determine the depth of the hole using the depth gauge.



### 4 Insert screw ∅ 3.2 mm

Pick up a suitable screw for the pedicle hook with the holding sleeve and the hexagonal screwdriver, and insert it in the pre-drilled hole. The pedicle hook is now firmly attached to the pedicle.



## POSITION LAMINA HOOK

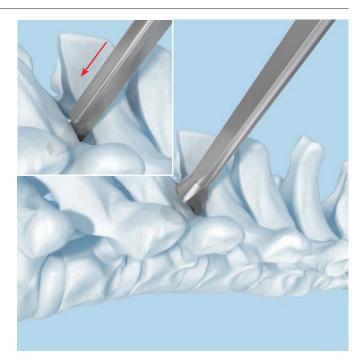
Instruments		
388.520	USS Lamina Feeler, length 300 mm	
388.622	Handle for USS Hook and Screwholder No. 388.612	
388.612	USS Hook and Screwholder, with hexagonal Socket 4.0 mm	
388.632	Hook Positioner for USS II	
Optional instrument		
388.521	USS Small Stature/Paediatric Lamina Feeler	

### 1

### Prepare seat for lamina hook

The lamina hook can be placed around either the superior or inferior portion of the lamina. Prepare the seat for the lamina hook using a lamina feeler. Carefully remove the ligamentum flavum and a small portion of the lamina with a rongeur to ensure good seating of the lamina hook.

Remove the lamina feeler.



### 2 Position lamina hook

Pick up the lamina hook as described on page 6 and 7.

Note: Use a front-opening hook if a rod connector is needed.

Insert the hook positioner for USS II in the positioning hole of the hook and move the lamina hook into the prepared position. The inferior part of the lamina hook must fit snugly with the lamina.

Note: Ensure that the lamina hook does not lie too deep or press upon the spinal cord.

Remove the hook positioner and the handle. The stick remains attached to the hook.



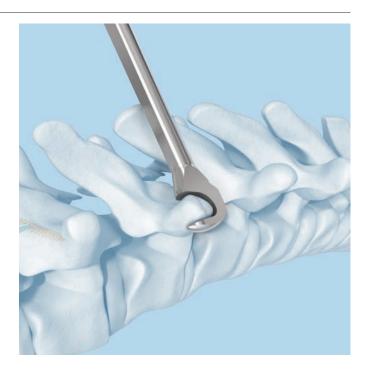
## ANGLED LAMINA HOOK POSITIONING

Instrument	8
	~
388.520	USS Lamina Feeler, length 300 mm
388.622	Handle for USS Hook and Screwholder No. 388.612
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm
388.632	Hook Positioner for USS II
Optional instrument	
388.521	USS Small Stature/Paediatric Lamina Feeler

### **1** Prepare seat for angled lamina hook

Remove the soft tissue from the transverse process. Place a lamina feeler round the transverse process and thus detach the soft tissue attachment points from the anterior part of the transverse process.

Remove the lamina feeler.



### Angled lamina hook positioning

2

Pick up the angled lamina hook as described on page 6 and 7.

Note: Use a front-opening hook if a rod connector is needed.

Insert the hook positioner for USS II in the positioning hole of the hook and move the angled lamina hook into the prepared position.

Remove the hook positioner and the handle. The stick remains attached to the hook.



## ROD CONTOURING

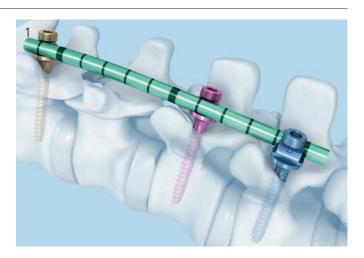
Instruments		
388.870/880	Trial Rod $\varnothing$ 6.0 mm, length 150/400 mm	
388.960	Bending Pliers with Rolls for USS Rods $\varnothing$ 6.0 mm, length 300 mm	
388.910/920	USS Bending Iron left/right	
388.440	Holding Forceps with broad tip, length 290 mm, for rods $\varnothing$ 6.0 mm	
Optional instruments		
388.906/907	Trial Rod $\varnothing$ 5.0 mm, length 150/500 mm	
388.961	Bending Pliers with Rolls for USS Rods $\varnothing$ 5.0 mm, with radius adjustment	
388.911/922	USS Small Stature/Paediatric Bending Iron for Rods $\varnothing$ 5.0 mm, left/right	
388.441	Holding Forceps for USS Small Stature/Paediatric Rods $\varnothing$ 5.0 mm	

Use a trial rod for USS rods (for 5.0 mm or 6.0 mm rods) to determine the shape and length of the rod to be inserted (1).

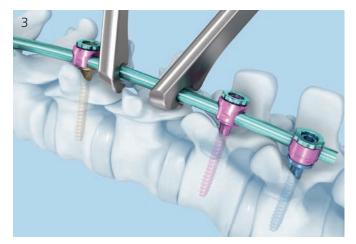
Use the bending pliers with rolls for USS rods (2) or the USS bending iron (3) to bend the rod.

**Note:** Once bent, titanium rods should not be bent back again. Do not bend titanium rods more than 45°.

Note regarding the hook/screw offset: Anatomical conditions sometimes result in the implants not being aligned in a straight line so that the rod cannot be inserted into all the implants from the same side. In such cases, the dual opening and the offset of the heads of the pedicle screws and the hooks mean that the spacing can be compensated for without the rod having to be bent.







## LOCKING IMPLANTS TO RODS

Variation A: Place Sleeve and Nut Consecutively

Sleeve Pusher for Nos. 388.503, 388.508, 388.583 and 388.161	
Sleeve Positioner for USS II	
Socket Wrench for twelve point nut, with L-handle	
Socket Wrench 5.0 mm, with T-Handle	
Screwdriver 4.0 mm with T-Handle	
Optional instrument	
Hook positioner for USS II	

The rod is fixed with a sleeve and a nut.

**Note:** When using a 5 mm rod, sleeve 499.239 (in TAN, dark blue) must be used, when using a 6 mm rod, sleeve 499.302 (in TAN, turquoise) must be used.

## **1** Pick up and locate sleeve with sleeve positioner

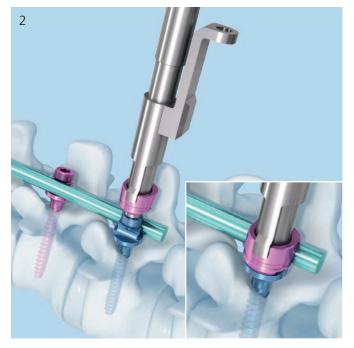
Place the sleeve pusher on the sleeve positioner for USS II. Pick up an appropriate sleeve: the shorter leg of the sleeve pusher must be above the narrow-lipped side of the sleeve (1).

Slide the sleeve positioner over the stick and place it on the implant.

Press down on the sleeve pusher to place the sleeve on the implant/rod (2). Lift the sleeve pusher again. The sleeve remains on the implant/rod.

If the sleeve cannot be located easily, place it on the implant by tapping lightly on the sleeve pusher. The hook positioner for USS II can be used for this purpose by placing it in the round indentation on the handle of the sleeve pusher.





### Place nut on implant

2

Use the socket wrench for twelve point nut, with L-handle to pick up the nut from the loading station and screw it on to the implant thread (screw or hook).



## **3** Tighten the nut finger-tight

Tighten the nut using the socket wrench for twelve point nut with L-handle. The socket wrench for the countertorque is spring loaded and can be pressed downwards continuously with the left hand using the T-Handle. To tighten the nut further, lift the L-handle of the socket wrench with the right hand and engage it again.

Note: If using a 6 mm rod, a few threads will remain visible on the nut.



## LOCKING IMPLANTS TO RODS Variation B: Place Sleeve and Nut in a Single Operation

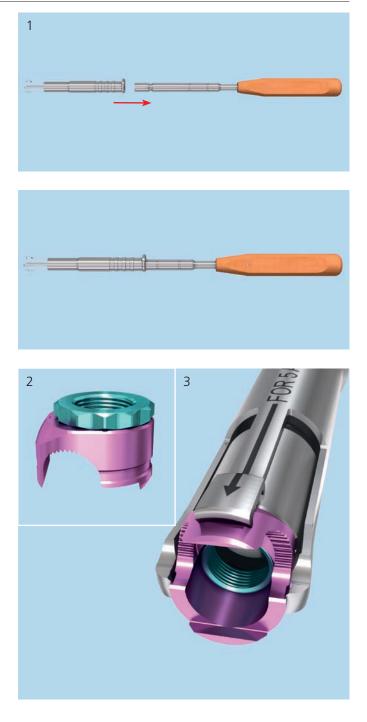
Instruments	
388.163	Holding Sleeve for No. 388.159, for Rods $\varnothing$ 5.0 and 6.0 mm
388.159	Socket Wrench, with straight handle, for USS-II nuts and sleeves
388.584	Socket Wrench for twelve point nut, with L-Handle
388.143	Socket Wrench, 5.0 mm, with T-Handle
388.338	Screwdriver 4.0 mm with T-Handle
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm

### **1** Position sleeve and nut

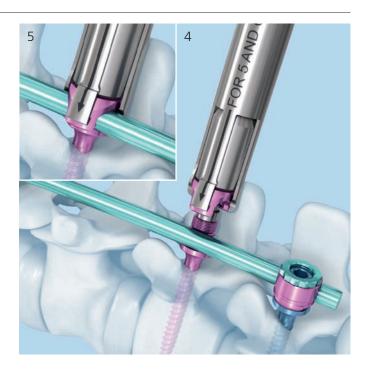
Place holding sleeve on the socket wrench with straight handle (1).

To pick up a sleeve and nut, first place a nut on the sleeve and then fit the socket wrench from above (2).

Push the holding sleeve downwards to fix the sleeve in position. The sleeve can only be picked up in a specific position. One leg of the holding sleeve is marked with an arrow. This must be located above the narrow-lipped side of the sleeve (3).



Position the socket wrench/holding sleeve connection above the implant (screw or hook) (4). Place sleeve and nut together using the socket wrench handle (5).



### 2 Tighten the nut finger-tight

Tighten the nut using the socket wrench for twelve point nut with L-handle. The socket wrench for the countertorque is spring-loaded and can be pressed downwards continuously with the left hand using the T-Handle. To tighten the nut further, lift the L-handle of the socket wrench with the right hand and engage it again.

Note: If using a 6 mm rod, a few threads will remain visible on the nut.



## LOCKING IMPLANTS TO RODS

Variation C: Rod Introduction Pliers ("Persuader")

Instruments	
388.508	Rod Introduction Pliers for Rods $\varnothing$ 6.0 mm
388.582	Sleeve Pusher for Nos. 388.503, 388.508, 388.583 and 388.161
388.615	Counter Torque for Rod Introduction Pliers
388.410	Spreader Forceps for Pedicle Screws, length 330 mm
388.584	Socket Wrench for twelve point nut, with L-Handle
388.143	Socket Wrench 5.0 mm, with T-Handle
388.338	Screwdriver 4.0 mm with T-Handle
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm
Optional instrument	

03.607.120	USS-II Rod Introduction Pliers for mono- axial and polyaxial Screws and for Hooks
03.607.121	USS-II Sleeve Pusher for Rod Introduction Pliers No. 03.607.120
388.632	Hook Positioner for USS II

### Use rod introduction pliers ("persuader")

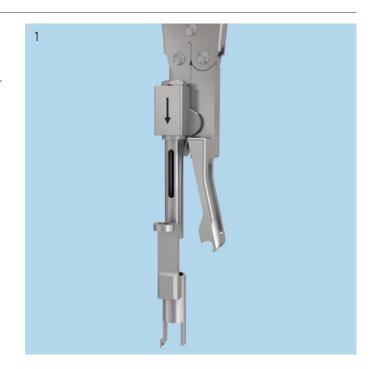
Occasionally, a rod cannot easily be introduced into a dual-opening implant because of the distance between the rod and the implant.

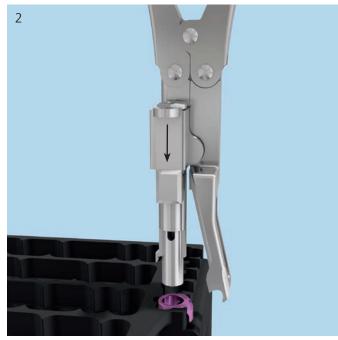
With the rod introduction pliers for USS II, the persuader, dual-opening implants can be lifted and drawn on to the rod. Rod and implant are fixed directly with the sleeve.

**Note:** When using a 5 mm rod, sleeve 499.239 (in TAN, dark blue) must be used, when using a 6 mm rod, sleeve 499.302 (in TAN, turquoise) must be used.

### 1 Mount sleeve pusher onto persuader

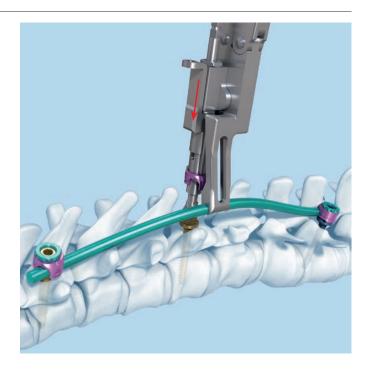
Fix the sleeve pusher on to the cylinder of the persuader (1). Use the attached sleeve pusher to pick up a sleeve from the loading station. The shorter leg of the sleeve pusher must be above the narrow-lipped side of the sleeve (2). The handle of the sleeve pusher must be located on the side of the persuader with the arrow.





### Place persuader on implant

Slide the cylinder of the persuader on the stick and the leg of the pliers on the rod.



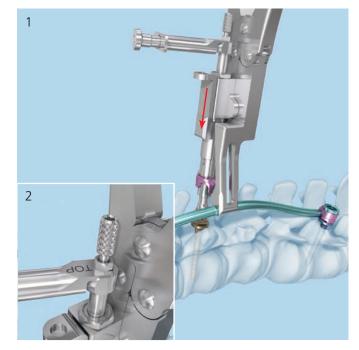
### 3

2

### Attach counter torque for rod introduction pliers

The counter torque/support for rod introduction pliers serves as a locking device when lifting the implants and allows the implants to be rotated.

Slide the counter torque for rod introduction pliers on to the projecting end of the stick and pull the lever at the same time (1). The fork-shaped opening of the counter torque must point upwards. Release the lever so that the fork of the counter torque engages in the hexagonal socket of the stick (2).



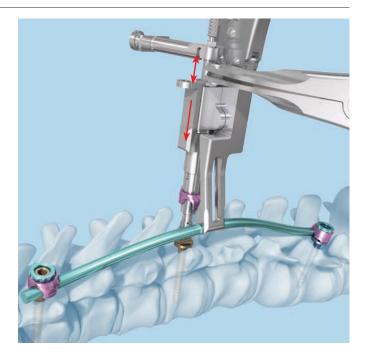
### 4 Bring rod towards dual-opening implant

Bring the spreader forceps to the stick between the counter torque and persuader. Slowly open the spreader to bring the implant up towards the rod. Once the implant opening has reached the level of the rod, slowly close the persuader to insert the rod.

**Note:** Do not close the persuader completely since it can transmit very high forces. If necessary the locking clamp can be tilted up so that the persuader does not remain in the closed position.

Remove the counter torque/support for rod introduction pliers.

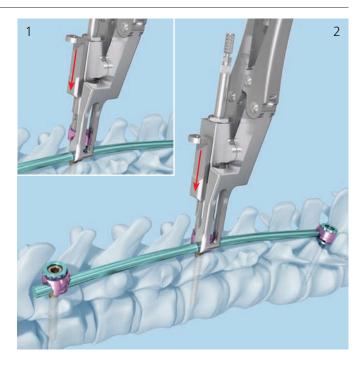
**Note:** Do not apply too much force on the anchorage of the implant or it will tear out of the bone.



# **5** Place sleeve over implant and rod

Push the sleeve pusher down the cylinder to place the sleeve over the rod and implant (1). Retract the sleeve pusher (2). The sleeve remains on the implant/rod.

If the sleeve cannot be positioned easily, ensure that the lateral opening of the screw or hook is properly aligned on the rod. If necessary, a light tap on the sleeve pusher may help. The hook positioner for USS II may be used for this purpose: place it in the round indentation on the handle of the sleeve pusher.



# **6** Attach implant to rod

Remove the persuader. Pick up a nut with the socket wrench for twelve point nut, allow it to slide over the stick and screw it loosely on to the implant.

Instrument	s
388.584	Socket Wrench for twelve point nut, with L-Handle
388.143	Socket Wrench 5.0 mm, with T-Handle
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm
Optional in	strument
388.338	Screwdriver 4.0 mm with T-Handle

# FINAL TIGHTENING OF NUT

Tighten the nut firmly with the socket wrench for twelve point nut with L-handle. Insert the socket wrench 5.0 mm with T-Handle into the socket wrench for twelve point nut and pass the two together over the stick. The socket wrench 5.0 mm must engage in the hexagonal socket of the stick. The stick serves to apply countertorque. The socket wrench is spring-loaded and can be pushed down continuously with the left hand on the T-Handle. To tighten the nut further, lift the L-handle of the socket wrench with the right hand and engage it again.

If the stick has already been removed, push the screwdriver 4.0 mm with T-Handle into the socket wrench for twelve point nut and use this to apply countertorque.

**Note:** When using a 6 mm rod, several threads of the nut will remain visible.

### **Option: Using the torque-limiting device**

Instruments	
388.145	Socket Wrench, hexagonal, 5.0 mm with T-Handle
03.602.042	Torque-limiting Handle, 12 Nm, for USS II
388.612	USS Hook and Screwholder, with hexagonal socket, 4.0 mm

Use the torque limiting handle to tighten the nut firmly. Insert the hexagonal socket wrench 5.0 mm with T-Handle into the torque-limiting device. Tighten the nut until the torque-limiting device disengages.

**Note:** To get the hexagonal socket wrench to engage in the hexagonal socket of the stick, apply a little pressure to the socket wrench and move it back and forth.



# DISTRACTION OR COMPRESSION OF ADJACENT IMPLANTS

Instruments		
388.410	Spreader Forceps for Pedicle Screws, length 330mm	
388.422	Compression Forceps, length 335 mm, for Pedicle Screws	
498.910	Fixation Ring for Rods $\varnothing$ 6.0 mm	
314.070	Screwdriver, hexagonal, small, 2.5 mm, with groove	
388.360	USS Holding Sleeve, for No. 314.070	
388.440	Holding Forceps with broad tip for Rods $arnothing$ 6.0 mm, length 290 mm	
Optional in	struments	
498.909	Fixation Ring for Rods $\varnothing$ 5.0 mm	
388.441	Holding Forceps for USS Small Stature/Paediatric Rods $\varnothing$ 5.0 mm	
388.413	Spreader Forceps for USS Small Stature/Paediatric	
388.424	Compression Forceps for USS Small Stature/Paediatric	

# Distraction or compression with corresponding forceps

Once the rod has been introduced and loosely attached to the implant, distraction or compression can be performed.

Before tightening the nut on the implant, use the spreader for distraction or the compression forceps for compression.

#### **Option: Additional use of fixation ring**

Fixation rings		
$\varnothing$ Rod	Fixation ring	
5.0 mm	498.909	
6.0 mm	498.910 or 498.911	

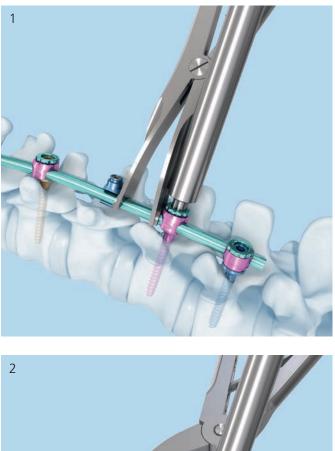
Use a fixation ring if the two implants are too far apart. Place the fixation ring on the rod using the small hexagonal screwdriver and the holding sleeve.

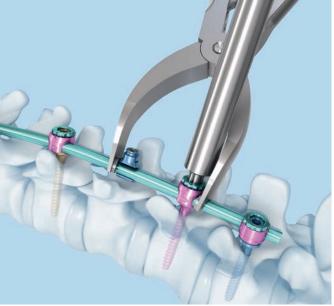
Perform the distraction (1) or compression (2). The implant-rod connection must be loose during this procedure.

Remove the fixation ring and tighten the implant nut firmly.

### **Option: Additional use of holding forceps for rods**

The appropriate holding forceps for 5 mm or 6 mm rods may be used instead of a fixation ring. Attach forceps to rod and perform the distraction or compression operation.





# INSERTION OF VERTEBRAL BODY SCREWS WITH WASHER

(Anterior Approach)

### Instruments\*

388.550	Pedicle Awl, length 230 mm
388.538	Pedicle Probe $\varnothing$ 2.8 mm, length 230 mm
388.540	Pedicle Probe $\varnothing$ 3.8 mm, length 230 mm
357.789	Depth Gauge for Pedicle Screws $\varnothing$ 4.2 to 9.0 mm
388.622	Handle for USS Hook and Screwholder No. 388.612
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm
385.807	Inserter for Angled Washers $\varnothing$ 6.0 to 8.0 mm

The vertebral body screws for anterior approach ( $\emptyset$  6.2 and 8.0 mm) have large thread flanks to increase the pull-out strength in the vertebral body.

Flat and angled washers can be used in an anterior position to strengthen screws in an end vertebra. They distribute the force of the screw over the bone.

The angled washer forms a fixed angle with the screw and counteracts pull-out of the screw.







\* For optional long instruments, see page 70.

### 1

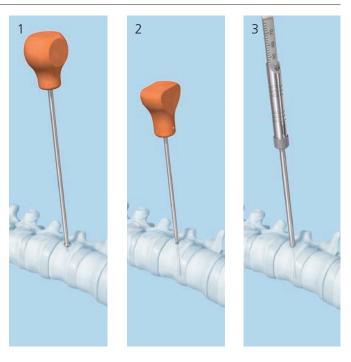
Prepare screw hole and determine screw length

Probes	
$\varnothing$ Screw	arnothing Probe
6.2 mm	2.8 mm (388.538)
8.0 mm	3.8 mm (388.540)

Determine the entry point for the screw, ideally selecting it at the junction of the pedicle with the vertebral body.

Align the pedicle awl (1) perpendicular to the contralateral side and prepare the screw hole. Use the appropriate pedicle probe (2) to deepen the screw hole until you thave penetrated the opposite cortex.

Use the depth gauge to determine the length of the vertebral body screw (3). Be aware of additional screw length needed because of the washer.



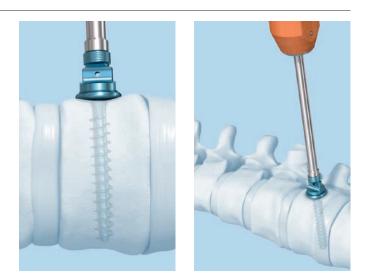
### 2 Insert washer

### **2a**

### Insert flat washer and screw

Place the flat washer on the concavity of the vertebral body with the convex side down.

Pick up a vertebral body screw with dual opening according to the description on page 5 and 6. Insert the
screw in the prepared vertebral body until the screw head is well seated. Press the release button on the handle to detach the handle from the stick.



### 2b

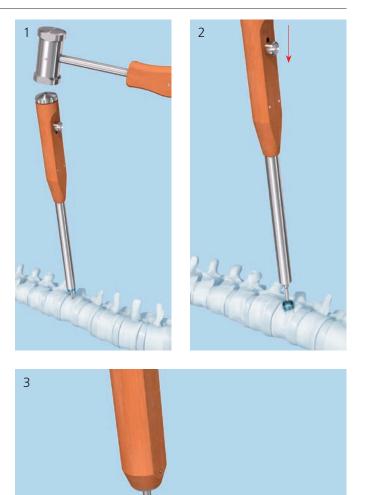
### Insert angled washer and screw

Press the loading button on the inserter and hold it down while picking up a washer. Anchor the washer in the bone by tapping lightly on the inserter (1).

Press the loading button on the inserter down and remove the inserter (2).

Pick up a vertebral body screw with dual opening according to the description on page 5 and 6. Insert the screw in the prepared vertebral body until the screw

head is well seated (3). Press the release button to detach the handle from the stick.



# OPTIONAL: ATTACH ANTERIOR CONNECTING CLAMP

Instruments	
388.622	Handle for USS Hook and Screwholder No. 388.612
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm
388.551	Pedicle Awl $\varnothing$ 3.0 mm, length 230 mm, for screws $\varnothing$ 4.0 and 4.2 mm

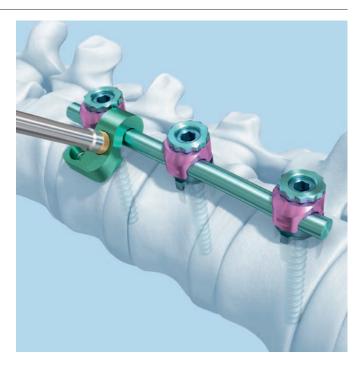


### 1

### Position anterior connecting clamp

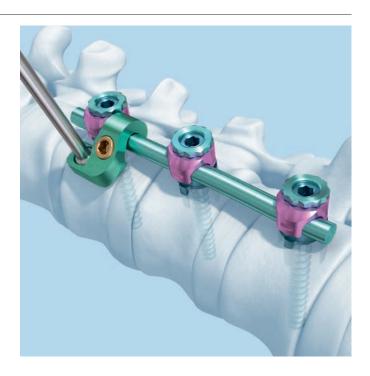
Attach the handle to the hook and screwholder and pick up the anterior connecting clamp.

Apply the connecting clamp to the 6 mm rod and tighten the set screw finger-tight. Final tightening of the screw is performed at the end.



### 2 Pre-drill screw hole

Open up the vertebral body with the pedicle awl through the screw hole in the clamp.



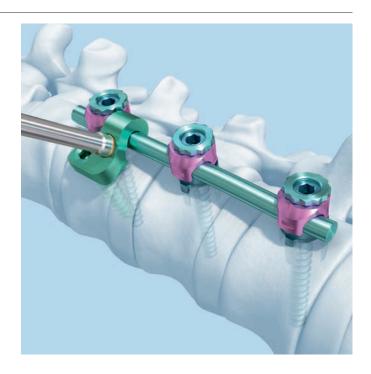
### **3** Insert screw

Determine the screw length and insert the screw with the handle and hook and screwholder.



### **4** Final tightening

Tighten the set screw firmly with the handle and the hook and screwholder.



Repeat Steps 1 to 4 for the second connecting clamp.



# CONNECTING ROD AND IMPLANT USING ROD CONNECTOR

#### Instruments

314.070	Screwdriver, hexagonal, small, 2.5 mm, with groove
388.584	Socket Wrench for twelve point nut, with L-Handle
388.143	Socket Wrench 5.0 mm, with T-Handle

Rod connectors are used in cases in which the distances between rod and implant cannot be bridged with the persuader. All rod connectors are open and can be applied at any point in the intervention. When using rod connectors, front-opening hooks must be used, or the pedicle screws must be rotated 90°.

Note: The rod connectors supplied in the set can only be used with the 6 mm rod.

### 1

#### Fasten rod connector to rod

Position the rod connector on the rod, and insert the ribbed part of the rod connector in the hook or the front-opening screw. Screw the set screw of the rod connector tight using the small hexagonal screwdriver.



### Connect rod connector to implant

2

Place the toothed, violet sleeve and the twelve point nut on the implant. Tighten the nut firmly with the socket wrench for twelve point nut, with L-handle, and apply countertorque using the socket wrench 5.0 mm, with T-Handle, mounted on the stick.

Note: Use only the toothed, violet sleeve with rod connectors.



### CONNECTING TWO RODS Variation A: Connecting Two Rods with 6 mm Cross-link Clamps

Instrument	S
314.070	Screwdriver, hexagonal, small, 2.5 mm, with groove
388.363	Holding Sleeve with Catches, for No. 314.070
388.450	Holding Forceps for USS Rods $\varnothing$ 3.5/4.5 mm, length 295 mm
Optional in	struments
388.750	USS Rod Cutting and Bending Device
388.410	Spreader Forceps for Pedicle Screws, length 330mm

Transverse connectors are horizontal stabilizers that connect the two longitudinal rods thus significantly increasing structural rigidity. They are recommended for unstable fractures and multi-segmental constructions.

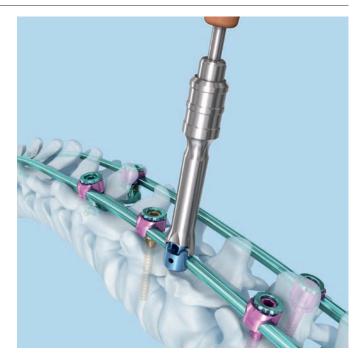
### 1

### Mount first cross-link clamp

Assemble the small hexagonal screwdriver and the holding sleeve with locking catches. Retract the holding sleeve.

To pick up the pre-assembled cross-link clamp, insert the hexagonal screwdriver in the fixing screw of the clamp, push the holding sleeve downwards and the locking catches over the sleeve of the cross-link clamp.

Retract the holding sleeve slightly, place the clamp on the rod and let go of the holding sleeve.

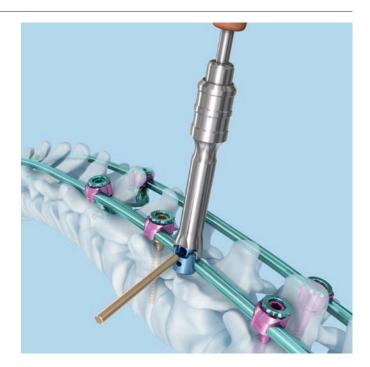


### Insert rod for transverse connector

The special design of the transverse connection sleeve with the two indentations on the upper side means that the transverse connector rod can be angled by up to  $\pm 20^{\circ}$  depending on anatomical conditions.

Determine the appropriate length of the rod for transverse connector  $\varnothing$  3.5 mm. If necessary, cut the rod to size with the rod cutting and bending device.

Hold the clamp with the small hexagonal screwdriver and pass the cross-link rod  $\varnothing$  3.5 mm through the hole in the cross-link clamp. If necessary, use the holding forceps to insert the rod for transverse connector. Tighten the set screw of the cross-link clamp firmly with the small hexagonal screwdriver.



### 3

2

#### Mount second cross-link clamp

Repeat the procedure described in Step 1 for the second clamp on the opposite rod.

Pass the cross-link rod  $\varnothing$  3.5 mm through the hole in the second clamp so that it projects 5 mm above the clamp. Tighten the set screw firmly with the small hexagonal screwdriver.



### 4 Distract cross-link assembly (optional)

Loosen one of the set screws, place the holding forceps next to the clamp and carry out the distraction with the spreader forceps.

Re-tighten the set screw tightly with the small hexagonal screwdriver.



# CONNECTING TWO RODS

Variation B: Connecting Two 6 mm Rods with Low-profile Transverse Connectors

#### Instruments

03.620.021	Template for Transverse Connectors low profile, for Rods $\varnothing$ 6.0 mm
314.070	Screwdriver, hexagonal, small, 2.5 mm, with Groove

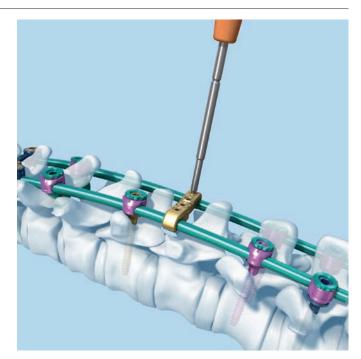
Use the template to measure the distance between the rods. Select a transverse connector of a suitable length.

Ensure that the set screws of the transverse connector are loose and insert the transverse connector. Tighten the set screws at both ends firmly.

In the case of transverse connectors with variable angle, the large set screw must also be tightened so that the angle remains at the set position.

In the case of transverse connectors with variable length, the set screw in the middle must be tightened so that the length remains at the set position.

**Note:** If any of the instrumentation has to be changed, all the set screws in the transverse connector must be loosened.



# CONNECTING TWO RODS

Variation C: Connecting Two 5 mm Rods with Transverse Connectors

Instruments		
388.338	Screwdriver 4.0 mm with T-Handle	
314.070	Screwdriver, hexagonal, small, 2.5 mm, with Groove	
388.450	Holding Forceps for USS Rods $\varnothing$ 3.5/4.5 mm, length 295 mm	
Optional instrument		
388.410	Spreader Forceps for Pedicle Screws, length 330 mm	

Transverse connectors are horizontal stabilizers that connect the two longitudinal rods thus increasing structural rigidity. They are recommended for unstable fractures and multi-segmental constructions.

### 1

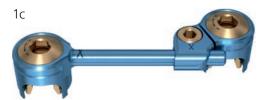
#### Assemble transverse connectors

Outside the operating field pass a cross-link rod of a suitable length through the two cross-link clamps (1). Either one right and one left clamp (1a) or two identical clamps (1b) can be used depending on the spatial conditions.



Alternative: In the case of distances of less than 30 mm between the two rods to be connected, one of the two cross-link clamps must be replaced by a cross-link clamp with rod (1c). Push the rod of the cross-link clamp with rod through the second crosslink clamp.

Do not tighten the set screws firmly at this stage.



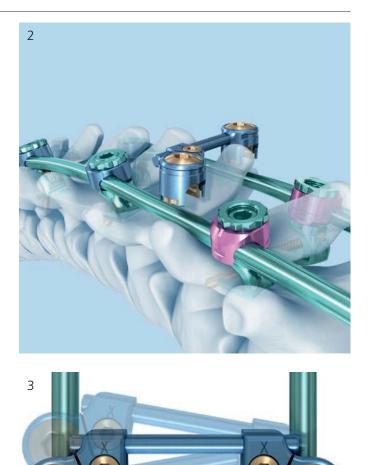
### Mount transverse connectors on rods

2

Click the assembled transverse connectors on the rods (2). The fixing screws for the rod (large screws) must be totally loosened to do this.

The 3.5 mm cross-link rod can be angled up to  $\pm 15^{\circ}$  (3).

If the transverse connector cannot be clicked on to the rod, loosen the fixing screws for the rod completely at both cross-link clamps.

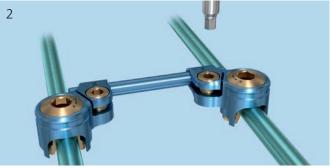




### **3** Fix transverse connector

First tighten the fixing screws for the rod of both cross-link clamps firmly with the hexagonal screwdriver 4.0 mm with T-Handle (1). Then tighten both set screws of the  $\emptyset$  3.5 mm cross-link rod firmly with the hexagonal screwdriver 2.5 mm (2).





### 4 Distract cross-link assembly (optional)

Loosen one of the set screws with the small hexagonal screwdriver, place the holding forceps next to the relevant clamp and carry out the distraction with the spreader forceps. Retighten the set screws.

# IMPLANTS

# USS II Pedicle Screws with dual opening and dual-core diameter

- Rounded tip with thread
- Double thread
- Dual core

499.201–207	Ø 4.2 mm
499.210–216	Ø 5.2 mm
499.220–227	Ø 6.2 mm
499.230–237	Ø 7.0 mm
499.240–250	Ø 8.0 mm
499.260–269	Ø 9.0 mm

Ø	TAN (gold)	
4.2 mm	499.201.425-455	
5.2 mm	499.201.525-565	
6.2 mm	499.201.630-670	
7.0 mm	499.201.730–775	
8.0 mm	499.240-250	
9.0 mm	499.260-269	

#### **USS II Pedicle Hooks**

With dual side opening or front opening (when using rod connectors)

-			
499.316/317	Extra-small	-	
499.314/315	Small		
499.278/279	Standard design		

#### **USS Screws for Pedicle Hooks**

498.024-026	Length 20–30 mm,
	thread diameter 3.2 mm



### USS II Lamina Hooks

With dual side opening or front opening (when using rod connectors)

(when using to	u connectors)	
499.312/313	Extra-small	-
499.270/271	Small	***
499.272/273	Medium	
499.274/275	Large	_
499.276/277	Thoracic	_
499.284/285	Angled, lumbar	_
499.286/287	Tall body, small	-
499.288/289	Tall body, medium	_
499.290/291	Tall body, large	-
		-

### USS II Lamina Hooks, angled

With dual side opening or front opening (when using rod connectors)

(when using to	a connectors/	 
499.280/282	Right	
499.281/283	Left	
		>

#### **USS II Sleeves**

499.302	For Rods $\varnothing$ 6.0 mm, TAN, violet
499.239	For Rods $arnothing$ 5.0 mm, TAN, dark blue
499.292	For Rods $arnothing$ 6.0 mm, TAN, green*



\* Optionally available

### **USS II Nuts**

499.294 Tw

Twelve point



#### USS Rods Ø 6.0 mm

For fractures and deformities

498.102–119	Rods, hard, length 50–500 mm, pure titanium, gold		

### For deformities

498.290–296	Rods, extra-hard,
	length 200–500 mm, TAN, turquoise

For the lumbar spine in degenerative diseases

498.150–154	Rods, soft, length 50–150 mm,
	pure titanium, gold
498.158	Rod, soft, length 500 mm,
	pure titanium, gold

### USS Rods $\varnothing$ 5.0 mm

498.236–243	Rods, hard, length 150–500 mm, pure titanium, light blue	0
498.491–496	Rods, extra-hard, length 150–500 mm, TAN, dark blue	Œ

#### USS II Rod Connectors for Rods $\varnothing$ 6.0 mm

499.295–297 Rod Connectors, open, length 15–25 mm



#### USS II Rod Connectors for Rods $\oslash$ 5.0 mm

498.227–229 Rod Connectors, open, length 15–25 mm



### Connectors for USS Rods $\varnothing$ 5.0 and 6.0 mm

498.364	Extension Connector $\varnothing$ 5.0 mm
498.165	Extension Connector $\varnothing$ 6.0 mm
498.167	Extension Connector $\varnothing$ 5.0/6.0 mm
498.166	Extension Connector $\varnothing$ 3.5/6.0 mm, TAN, blue
498.169	Extension Connector $\varnothing$ 3.5/5.0 mm, TAN, blue



498.159	Parallel Connector $\varnothing$ 5.0 mm
498.160	Parallel Connector $\varnothing$ 6.0 mm
498.162	Parallel Connector $\varnothing$ 5.0/6.0 mm

498.959	Parallel Connector $\varnothing$ 3.5/5.0 mm
498.960	Parallel Connector $\varnothing$ 3.5/6.0 mm



### Transverse connectors

#### For 6 mm rods

Cross-link clamp with rods

496.920–999	Cross-link Rod $\varnothing$ 3.5 mm, length 30–100 mm
498.813	Cross-link Clamp for Rods $\varnothing$ 6.0 mm, preassembled



#### Low profile transverse connectors

Art. No.	Length (mm)
497.791	15
497.792	18
497.793	21
497.794	24
497.795	25.5–30.5
497.796	31.5–34
497.797	35–41
497.798	42–55
497.799	56–83
04.620.203	33–36.5
04.620.204	38.5–48
04.620.205	49–69

### For 5 mm rods

499.310	Cross-link clamp for rods $\varnothing$ 5.0 mm, right	
499.311	Cross-link clamp for rods $\varnothing$ 5.0 mm, left	
499.306	Cross-link clamp with rod, for rods $arnothing$ 5.0 mm	
497.871– 497.879	Transverse Connector, low profile for Rods $\varnothing$ 5.0 mm	









Fixation	Rings
----------	-------

498.909	Fixation Ring for Rods $\varnothing$ 5.0 mm
498.910	Fixation Ring for Rods $\varnothing$ 6.0 mm
498.911	Fixation Ring for Rods $\varnothing$ 6.0 mm



### **Implants for Anterior Stabilization**

Anterior vertebral body screws

418.620–647	arnothing 6.2 mm, length 20–47.5 mm, with cancellous bone thread
418.820-860	$\varnothing$ 8.0 mm, length 20–60 mm, with cancellous bone thread



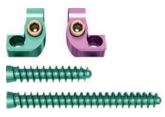
# Washers for Anterior Vertebral Body Screws $\varnothing$ 6.2 and 8.0 mm

499.403/404	Flat, external diameter 13.0/15.0 mm	
499.401/402	Angled, external diameter 13.0/15.0 mm	



### Anterior Connecting Clamp

496.400	Left
496.405	Right
496.420–460	Anterior vertebral body screw $\varnothing$ 7.0, length 20–60 mm



# INSTRUMENTS

Insert pedie	cle screws	
357.789	Depth Gauge for Pedicle Screws $\varnothing$ 4.2 to 9.0 mm	
388.538	Pedicle Probe $\varnothing$ 2.8 mm, length 230 mm	
388.539	Pedicle Probe $\varnothing$ 4.8 mm, length 230 mm	
388.540	Pedicle Probe $\emptyset$ 3.8 mm, length 230 mm	
388.545	Feeler for Screw Channel, straight, $\emptyset$ 2.3 mm, length 275 mm	
388.546	Feeler for Screw Channel, curved, $\varnothing$ 2.3 mm, length 275 mm	
388.550	Pedicle Awl $\varnothing$ 4.0 mm, length 230 mm, for Pedicle Screws $\varnothing$ 5.0 to 7.0 mm	-

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388.551	Pedicle Awl $\emptyset$ 3.0 mm, length 230 mm, for screws $\emptyset$ 4.0 and 4.2 mm	
388.608	Pedicle Marker USS II, with spherical bulges	
388.609	Pedicle Marker USS II, with long bulges	
388.612	USS Hook and Screwholder, with hexagonal socket 4.0 mm	
388.622	Handle for USS Hook and Screwholder No. 388.612	•

Position ho	oks	
314.070	Screwdriver, hexagonal, small, 2.5 mm, with groove	
315.190	Drill Bit $\varnothing$ 2.0 mm, length 100/75 mm, 3-flute, for Quick Coupling	
319.060	Depth Gauge for Screws $\emptyset$ 1.5 to 2.0 mm, measuring range up to 38 mm	
387.060	Handle for Drill Sleeve 2.0	
388.381	Holding Sleeve for Fillister Head Screws	
388.510	USS Pedicle Feeler, length 300 mm	
388.512	USS II Pedicle Feeler, length 300 mm, for small hooks	

388.520	USS Lamina Feeler, length 300 mm	
388.521	USS Small Stature/Paediatric Lamina Feeler	
388.530	USS Chisel, width 9 mm	
388.581	USS Drill Sleeve 2.0	
388.632	Hook Positioner for USS II	

Rod proces	sing and correction	
388.143	Socket Wrench 5.0 mm, with T-Handle	
388.145	Socket Wrench, hexagonal 5.0 mm, with T-Handle	
388.159	Socket Wrench with straight handle, for USS II Nuts and Sleeves	
388.161	Sleeve Positioner for USS II	
388.163	Holding Sleeve for No. 388.159, for Rods $\varnothing$ 5.0 and 6.0 mm	FOR 5 AND 6mm
388.338	Screwdriver 4.0 mm with T-Handle	
388.410	Spreader Forceps for Pedicle Screws, length 330 mm	

388.413	Spreader Forceps for USS Small Stature/Paediatric	
388.422	Compression Forceps for Pedicle Screws, length 335 mm	
388.424	Compression Forceps for USS Small Stature/Paediatric	
388.440	Holding Forceps with broad tip for Rods $\emptyset$ 6.0 mm, length 290 mm	To the second se
388.441	Holding Forceps $\varnothing$ 5.0 mm for USS Small Stature/Paediatric Rods	
388.508	Rod Introduction Pliers for Rods $\varnothing$ 6.0 mm	

388.582	Sleeve Pusher for Nos. 388.503, 388.508, 388.583 and 388.161	
388.584	Socket Wrench for twelve point nut, with L-Handle	
388.615	Counter Torque for Rod Introduction Pliers	
388.750	USS Rod Cutting and Bending Device	
388.870/880	Trial Rod $\varnothing$ 6.0 mm, length 150/400 mm	
388.906/907	Trial Rod $\varnothing$ 5.0 mm, length 150/500 mm	

388.910/920	USS Bending Iron, left/right	(J )
388.911	USS Small Stature/Paediatric Bending Iron for Rods $\varnothing$ 5.0 mm, left	ų .
388.922	USS Small Stature/Paediatric Bending Iron for Rods $\varnothing$ 5.0 mm, right	
388.960	Bending Pliers with Rolls for USS Rods $\emptyset$ 6.0 mm, length 300 mm	
388.961	Bending Pliers with Rolls for USS Rods $\varnothing$ 5.0 mm, with radius adjustment	

Various man	ipulations	
388.450	Holding Forceps for USS Rods $\varnothing$ 3.5/4.5 mm, length 295 mm	
385.807	Inserter for Angled Washers $\varnothing$ 6.0 to 8.0 mm	
388.360	USS Holding Sleeve for No. 314.070	
388.363	Holding Sleeve with Catches, for No. 314.070	
03.620.021	Template for Transverse Connectors low profile, for Rods $\varnothing$ 6.0 mm	LOW PROFILE TRANSCONNECTOR TEMPLATE - Ø 6mm ROD

### Long Instruments, optional

edicle Awl $\varnothing$ 3.0 mm, length 300 mm,
or screws $\emptyset$ 4.2 mm
edicle Probe $\varnothing$ 2.8 mm, length 300 mm
edicle Probe $\varnothing$ 3.8 mm, length 300 mm
SS Hook and Screwholder, long
ocket Wrench for twelve point Nut, ong, with L-Handle
olding Forceps for Rods $arnothing$ 6.0 mm, ength 300 mm
olding Forceps 30°, for rods $\varnothing$ 6.0 mm, ength 300 mm
ompression and Distraction Tool for IIS, anterior, for Rods $\varnothing$ 6.0 mm
crewdriver, hexagonal, 4.0 mm, long, vith T-Handle
SS Holding Sleeve, long, for No. 88.339
ocket Wrench, long, with straight andle, for USS II Nuts and Sleeves
olding Sleeve, long, for No. 388.148
ocket Wrench 5.0 mm, with T-Handle
crewdriver, hexagonal, small, 2.5 mm, /ith groove

### Also available:

03.607.120	USS-II Rod Introduction Pliers for mono- axial and polyaxial Screws and for Hooks
03.607.121	USS-II Sleeve Pusher for Rod Introduction Pliers No. 03.607.120

# BIBLIOGRAPHY

Detailed surgical technique for USS pedicle screws and hooks with lateral opening, which is comparable to that for the USS II System, can be found in the Chapter entitled "Modular Stabilization System: The Universal Spine System", in Aebi M, Thalgott JS, Webb JK (1998) AO ASIF Principles in Spine Surgery. Springer Berlin, Heidelberg, 123, et seq.



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